

CULTIVATE

Terms and Conditions

The site www.cultivateyoga.co.uk is owned and operated by Cultivate Yoga and these Terms and Conditions include the general terms and conditions for use of this site, services and purchase of services. Please read these terms and conditions carefully.

Nothing contained on this site and no service or information provided by Cultivate Yoga constitutes as medical advice.

The site is not intended for those below the age of 18. Please do not use this site if you are under the age of 18.

Acceptance of Terms

This Agreement sets forth legally binding terms for your use of the site. By using the site, you agree to be bound by this Agreement, whether you are a "Guest" (which means that you simply browse the site) or you are a "Member" (which means that you have created a user account on the site). If you do not accept the terms of this Agreement, you must discontinue use of the services immediately.

This Agreement may be modified from time to time, and such modification shall be effective upon its posting on the site. You agree to be bound by any modification to this Agreement when you use the site after any such modification is posted; it is therefore recommended that you review this Agreement regularly.

Membership

Cultivate Yoga is paid for by the organisation that you work for and therefore there is no cost to you as an employee. When signing up you are asked to give your organisations' ID to link your personal account with your organisation. This ID is to be used by intended employees only and must not be shared with anyone outside of the organisation.

Once you've created your Cultivate Yoga account, your login details must not be shared with anyone else. Depending on your organisation's membership level, you may have access to live classes. These classes are held through Zoom and again, the access details must not be shared.

You will have access to your Cultivate Yoga account for as long as your organisation is a member and you are employed by this organisation. If your organisation's membership ends, or you are no longer employed by them, your account will be terminated.

Live Class Recording

Cultivate Yoga records all live classes through Zoom, including the “Gallery view” which shows the class participants who have their webcams turned on. This is to make class videos accessible to practice following the live class and may from time to time include the “Gallery view”.

By having your webcam turned on you are consenting to be recorded and included in video and image uploads. Cultivate Yoga will never show your name in videos or images and you are of course welcome to turn your webcam off at any time.

Copyright

All content on the site is copyright to Cultivate Yoga and it's third parties. Content must not be recorded, duplicated, transcribed or manipulated for personal use, for sharing, or for sale. This includes all on demand videos, live classes, challenges, themes and other resources.

Tree Planting

As well as donating 5% profits to environmental charities, 1 tree is planted for every attendee of each live class. These trees are planted at Cultivate Yoga's discretion. Tree planting is carried out by One Tree Planted.

General Use

You must not use the site to post, upload or transmit material which is obscene, pornographic, threatening, menacing, racist, offensive or otherwise violates the rights of others.

Your Personal Information

Usage of your personal information is governed by Cultivate Yoga's Privacy & Cookies Policy which you can find on the site.

Cultivate Yoga has a right to terminate your account if any of these terms and conditions are breached.

Waiver of Liability

Cultivate Yoga takes the health and wellbeing of every user seriously, guiding all classes with an emphasis on injury prevention. It is, however, each individual's responsibility to take care of themselves on a physical and psychological level whilst participating.

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By participating in the Cultivate programme you are agreeing and acknowledging that you understand the following waiver of liability:

1. I, the participant in the Cultivate Yoga programme understand that yoga, Pilates and breathing techniques are exercises which require physical exertion and may cause physical strain or injury.
2. I am fully aware of the risks and hazards involved and I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the live classes, recorded videos or coaching offered by the teacher or guest teacher.
3. I understand that it is my responsibility to consult a professional health care practitioner prior to participation in the programme where necessary.
4. I understand that the Cultivate Yoga programme is not to be used to diagnose any physical or mental conditions. Individual support from a professional health care practitioner should be sought instead.
5. If I am pregnant I understand that I participate fully at my own risk and that of my unborn child/children.
6. In further consideration of the above, I knowingly, voluntarily and expressly take full and sole responsibility from any liability of loss or damage to business or personal property associated with the Cultivate Yoga programme.

I have read and fully understood the above waiver of liability and release Cultivate Yoga and associated parties (including all employees, guest teachers and volunteers) of any and all potential liabilities. I voluntarily agree to the terms and conditions stated above under my own free will.